

Bell Block School
Player Profile - Honours Points Project
Sports Badge

Project Guidelines:

In order to successfully complete this project you **must complete the compulsory tasks and collect 12 points** over a variety of 10 different tasks that investigate a famous sports player. Each task is worth a different amount of points. You can choose to complete your project in a variety of different formats of your own choice (eg. slide show, poster, paper, Canva document, video etc.). Once you have completed your tasks and are ready to submit it to your teacher for signing off **please attach and complete this task checklist to your project** either digitally or printed. Your classroom teacher can print this for you if required.

Task Checklist:

Task Number and Name	Number of Points	Tasks Completed	Teacher Sign Off
<u>Compulsory Task 1</u> Select a Famous Sports Player and List 15 Unique Facts About Them	1	•	
<u>Task 2</u> Recount a Major Event Involving Your Chosen Sports Player	1	•	
<u>Task 3</u> Create a Paper Mâché Look-Alike of Your Sportsperson (Neck Up)	3	•	
<u>Task 4</u> Create an A4 Collage of Your Sports Person in Different Events	1	•	
<u>Task 5</u> Create an Original, Interesting, and Creative Timeline of Your Player's Life and Important Events	2	•	
<u>Task 6</u> Draw a Cartoon Picture of Your Player and Include an Explanation	1	•	
<u>Task 7</u> Record Statistics of One Successful Year of Competition for Your Sportsperson and Graph Your Results	2	•	
<u>Task 8</u> Using a Country Map or Maps, Plot All the Clubs/Provinces that Your Player Has Played For	1	•	
<u>Task 9</u> Design a New Uniform for Your Player	1	•	

Task 10 Plot Injuries Suffered by Your Player Over Their Career and List Preventative Actions	2	•	
12 Points Required to Complete Project			

<p>1 Point</p> <p>Compulsory Task 1</p>	<p>Select a Famous Sports Player and List 15 Unique Facts About Them</p> <ol style="list-style-type: none"> Choose a famous sports player: <ul style="list-style-type: none"> Pick someone who stands out in their sport (e.g., Serena Williams, Usain Bolt, Lionel Messi, Michael Jordan, Simone Biles, etc.). Research their background: <ul style="list-style-type: none"> Look up original facts about their life, career, and achievements. Try to find information that isn't commonly known or is a bit more personal. List 15 facts: <ul style="list-style-type: none"> Fact 1: (Start with a well-known fact) Fact 2: (Something about their early life or training) Fact 3: (A specific achievement or record they hold) Fact 4: (An interesting or unusual hobby or interest they have) Fact 5: (Details about their family life) Fact 6: (Something about their personal struggles or overcoming adversity) Fact 7: (A lesser-known training technique or routine they use) Fact 8: (A charity or cause they support) Fact 9: (A funny or quirky story from their career) Fact 10: (How they got started in their sport or an unexpected path they took) Fact 11: (An interesting fact about their athleticism outside their main sport) Fact 12: (A memorable off-the-field moment) Fact 13: (Any injuries or setbacks they've faced and how they dealt with them) Fact 14: (A surprising skill or talent they have that's unrelated to their sport) Fact 15: (Something unique about their approach to their sport or their mindset) Provide sources: <ul style="list-style-type: none"> Make sure to back up your facts with credible sources or interviews where possible. <p>Aim for a mix of personal and professional details to create an</p>
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	interesting and original profile of the athlete!
1 Point Task 2	<p>Recount a Major Event Involving Your Chosen Sports Player</p> <ol style="list-style-type: none"> Choose a major event: <ul style="list-style-type: none"> Select an iconic moment from the athlete's career (e.g., a championship victory, a world record-breaking performance, an emotional comeback, or a turning point in their journey). Research the details: <ul style="list-style-type: none"> Gather information about the event: when and where it took place, who was involved, the significance of the event, and any notable outcomes. Look for personal insights: How did the athlete feel during the event? Were there any challenges they faced? What were the reactions from fans, teammates, or media? Narrate the event: <ul style="list-style-type: none"> Introduction: Provide context (e.g., leading up to the event, the athlete's career at the time). The Event Itself: Describe the key moments (e.g., the final seconds of a game, a historic performance). Aftermath: Explain how the event impacted the athlete's career, personal life, or the sport in general. Personal Reflections: Include any personal comments from the athlete, interviews, or media about the event. Incorporate emotional or inspiring elements: <ul style="list-style-type: none"> Highlight moments of perseverance, triumph, or personal growth, especially if they resonate with the athlete's journey. Final Touches: <ul style="list-style-type: none"> Ensure the recount is detailed and engaging, capturing both the facts and the emotions of the moment.
3 Points Task 3	<p>Create a Paper Mâché Look-Alike of Your Sportsperson (Neck Up)</p> <ol style="list-style-type: none"> Select your sportsperson: <ul style="list-style-type: none"> Choose the athlete you've been researching or one whose likeness you would like to create (e.g., Serena Williams, Usain Bolt, Lionel Messi, etc.). Gather materials: <ul style="list-style-type: none"> Paper Mâché: Newspaper (or scrap paper), flour, water, and a mixing bowl. Modeling supplies: A balloon or a plastic head mannequin (as a base). Painting materials: Acrylic paints, brushes, and other

	<p>details like fabric for hair or clothing (if needed).</p> <ol style="list-style-type: none"> Create the head structure: <ul style="list-style-type: none"> Inflate a balloon to the size of your sportsperson's head or use a plastic head mannequin. Cover the balloon with layers of paper mâché (newspaper strips soaked in a flour and water paste), building up the head shape. Let each layer dry thoroughly before applying the next layer (usually 3-4 layers work well). Form facial features: <ul style="list-style-type: none"> Once the paper mâché has dried and hardened, carefully pop the balloon if used. Sculpt the face features (e.g., eyes, nose, mouth) with more paper mâché or by molding them out of clay. Add details such as eyebrows, cheekbones, and jawline to resemble your sports star's features. Painting and finishing touches: <ul style="list-style-type: none"> Paint the face to match the skin tone, adding fine details like freckles, scars, or tattoos if applicable. Add hair using string, yarn, or painted paper to replicate the sportsperson's hairstyle. If you like, add a miniature uniform or accessories (e.g., sports headband, cap, or jersey) to complete the look. Display: <ul style="list-style-type: none"> Once everything is dry and complete, proudly display your paper mâché look-alike as a creative tribute to your athlete! <p>Tips for Success:</p> <ul style="list-style-type: none"> Take your time with each step, especially when molding features and adding fine details. Don't rush the drying process between layers; it's important for the structure to hold its shape. Be creative with the colours and textures you use to capture the essence of the athlete.
<p>1 Point</p> <p>Task 4</p>	<p>Create an A4 Collage of Your Sports Person in Different Events</p> <ol style="list-style-type: none"> Choose Your Sports Person: <ul style="list-style-type: none"> Select the athlete you want to focus on (e.g., LeBron James, Cristiano Ronaldo, Simone Biles, etc.). Research and Collect Images: <ul style="list-style-type: none"> Look for a variety of pictures of your chosen athlete from different events in their career. You can find images of them competing, training, winning awards, or in interviews.

	<ul style="list-style-type: none"> ○ Choose dynamic and diverse photos that showcase their range of skills and significant moments (e.g., competition victories, intense training, behind-the-scenes shots, and personal achievements). <ol style="list-style-type: none"> 3. Prepare Your Materials: <ul style="list-style-type: none"> ○ A4 paper as your base. ○ Scissors, glue, and tape for cutting and assembling the collage. ○ Coloured pens or markers (optional) to add borders or highlights around the images. 4. Arrange the Pictures: <ul style="list-style-type: none"> ○ Lay out the collected images on your A4 sheet. ○ Mix large and small pictures to create a balanced design. Consider arranging the photos chronologically or grouping them by theme (e.g., training, competition, personal life). ○ Experiment with overlapping images to add visual interest, but ensure they are clear and well-positioned. 5. Add Text (Optional): <ul style="list-style-type: none"> ○ You can include captions or short descriptions alongside or under the photos to give context (e.g., “Winning the Gold Medal at the 2020 Olympics,” or “First Major Victory in 2015”). ○ Use a bold font if you want the text to stand out or add handwritten notes for a personal touch. 6. Final Touches: <ul style="list-style-type: none"> ○ Once you're happy with the layout, glue the images in place. ○ If you like, add decorative borders or background colours to enhance the collage and make it pop.
<p>2 Points</p> <p>Task 5</p>	<p>Create an Original, Interesting, and Creative Timeline of Your Player's Life and Important Events</p> <ol style="list-style-type: none"> 1. Choose Your Player: <ul style="list-style-type: none"> ○ Select the athlete whose life you want to explore and highlight important milestones and events from their personal and professional journey. 2. Research the Athlete's Life: <ul style="list-style-type: none"> ○ Gather key events in your chosen athlete's life, including: <ul style="list-style-type: none"> ■ Birthdate and early life details. ■ Career beginnings and major achievements. ■ Significant moments (e.g., awards, record-breaking performances, comebacks, personal struggles, or impactful moments). ■ Life off the field (e.g., charitable work, family,

	<p>hobbies, etc.).</p> <ul style="list-style-type: none"> ○ Ensure you include dates, locations, and other important context for each event to create a clear and informative timeline. <p>3. Select the Timeline Format:</p> <ul style="list-style-type: none"> ○ Decide how you want to present the timeline: <ul style="list-style-type: none"> ■ A linear timeline (simple straight line with events placed in order). ■ A spiral or circular timeline for a more creative and visual twist. ■ A visual map or series of illustrations to represent each stage in the athlete's life. <p>4. Organise the Events:</p> <ul style="list-style-type: none"> ○ Arrange the events chronologically (e.g., from birth to present day). ○ Highlight key turning points that shaped their career or life in general (e.g., first win, major injury, retirement, or an important life lesson). <p>5. Add Creative and Visual Elements:</p> <ul style="list-style-type: none"> ○ Use images, symbols, or icons to represent key moments (e.g., trophies for achievements, a heart for charity work, etc.). ○ For a more creative touch, include illustrations or photos of the athlete during significant events. ○ Add decorative lines, colours, or patterns to make your timeline visually appealing. <p>6. Incorporate Text and Descriptions:</p> <ul style="list-style-type: none"> ○ Include brief descriptions under or next to each event to provide context. ○ Use clear, engaging language to tell the athlete's story, keeping the descriptions concise but meaningful. <p>7. Add a Personal Touch:</p> <ul style="list-style-type: none"> ○ If you know anything personal about the athlete (e.g., favorite hobbies, family details, overcoming challenges), include it to make the timeline feel more well-rounded and human. ○ You could also include quotes from the athlete, fans, or coaches that highlight the significance of certain events. <p>8. Final Touches:</p> <ul style="list-style-type: none"> ○ Make sure the timeline is easy to follow and visually striking. ○ Check for accuracy and ensure that dates and events are in the right order. ○ Add a title for the timeline (e.g., "The Journey of [Athlete's Name]"). <p>9. Display:</p> <ul style="list-style-type: none"> ○ Once completed, your creative timeline can be displayed on poster paper or digitally as a slide or graphic to showcase the athlete's life in a fun, engaging way.
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1 Point

Task 6

Draw a Cartoon Picture of Your Player and Include an Explanation

1. Choose Your Player:

- Select the athlete you want to focus on (e.g., Serena Williams, Usain Bolt, Tiger Woods, etc.).

2. Research Your Player:

- Gather important characteristics of your player, such as their **physical appearance**, **signature style**, and **iconic moments** in their career. Pay attention to:
 - Hair, eye colour, and any distinct features.
 - Their athletic uniform or gear (e.g., team colours, sport-specific accessories).
 - Signature poses or actions associated with them (e.g., celebration moves, signature skills, etc.).

3. Plan Your Cartoon Style:

- Decide on the **cartoon style** you want to use. It could be:
 - A **simplified, exaggerated version** of their likeness (e.g., oversized muscles, big smiles).
 - A **superhero-style character** with added features like a cape or action poses.
 - A **fun, playful design** that brings out their personality (e.g., using humor or lighthearted traits).
- Think about adding some **fun details** or exaggerated features that make the drawing lively and engaging.

4. Draw the Cartoon Picture:

- **Outline** the general shape of your character first. Use basic shapes like circles and rectangles to create the body, face, and limbs.
- **Add details** such as the athlete's face, signature gear (e.g., helmet, shoes), and clothing (e.g., team jersey or competition gear).
- **Exaggerate** key features to give your cartoon character personality (e.g., big smile, arms in action poses, etc.).
- If your athlete has a memorable action (e.g., a pose after scoring a goal or hitting a winning shot), try to incorporate that into the cartoon.

5. Colour Your Cartoon:

- Use vibrant colours to bring your cartoon to life. Match your player's actual team colours or sports gear, but feel free to add your personal twist for creativity.
- Make sure to add shadows and highlights to make your character feel 3D and dynamic.

6. Write an Explanation:

- Add a **short description** near the drawing that explains the key features you included. For example:
 - "This cartoon version of Usain Bolt shows him in his iconic **celebration pose** after winning a race,

	<p>with his signature lightning bolt gesture and colourful racing gear."</p> <ul style="list-style-type: none"> ■ "I've drawn Serena Williams in her powerful serving stance with a determined look on her face, emphasizing her athletic strength and focus.
<p>2 Points</p> <p>Task 7</p>	<p>Record Statistics of One Successful Year of Competition for Your Sportsperson and Graph Your Results</p> <ol style="list-style-type: none"> Choose Your Sportsperson: <ul style="list-style-type: none"> ○ Select the athlete whose performance you want to track. This could be any athlete you admire or are studying for your task. Identify Key Statistics: <ul style="list-style-type: none"> ○ Gather important data about the athlete's performance over the course of one successful year of competition. These statistics could include: <ul style="list-style-type: none"> ■ Wins and losses: How many competitions did they participate in, and how many did they win? ■ Personal bests: Did they set any new records or achieve personal milestones? ■ Goals/points scored: For example, how many goals or points did they score in each competition? ■ Time: How fast did they perform in races or timed events? ■ Injuries or setbacks: Were there any key moments that affected their performance? ■ Rankings or placements: What positions did they finish in competitions or tournaments? Collect Data from the Year: <ul style="list-style-type: none"> ○ Look for reliable sources to collect the athlete's competition results, such as official sports websites, athlete profiles, or news articles. You can track: <ul style="list-style-type: none"> ■ The dates of competitions. ■ The types of competitions (e.g., tournaments, matches, or events). ■ The athlete's ranking or performance in each competition. Organise the Data: <ul style="list-style-type: none"> ○ Write down the statistics in an easy-to-read format, such as a table or spreadsheet. Organise the data by: <ul style="list-style-type: none"> ■ Date of each competition. ■ Event name/type. ■ Statistical outcome (e.g., time, goals scored, wins/losses, rankings).

	<p>5. Create a Graph:</p> <ul style="list-style-type: none"> ○ After organising the data, choose a type of graph that best displays the statistics, such as: <ul style="list-style-type: none"> ■ Bar chart to compare results (e.g., number of wins in each event). ■ Line graph to track performance over time (e.g., improvements in time or points). ■ Pie chart to show the proportion of wins, losses, and other categories. ○ Label the axes: For example, if using a bar chart, label the x-axis with the competition dates or event names, and the y-axis with the relevant statistic (e.g., wins, goals, time). <p>5. Analyse the Graph:</p> <ul style="list-style-type: none"> ○ After graphing, analyse the data to highlight key trends or patterns. For example: <ul style="list-style-type: none"> ■ How many competitions did they win? ■ Were there any notable performance improvements or regressions? ■ Which event had the best performance, and which was the most challenging? <p>6. Write a Summary:</p> <ul style="list-style-type: none"> ○ Summarise the results of the year and explain what the graph shows about the athlete's performance. For example: <ul style="list-style-type: none"> ■ "In 2024, Serena Williams achieved an impressive 75% win rate, with 4 out of 5 tournaments ending in victory. Her average score improved by 5% over the year, with her fastest time recorded at 15 minutes and 20 seconds." ■ "The graph shows that the athlete had a strong start to the year, but performance peaked at the World Cup finals." <p>7. Present Your Findings:</p> <ul style="list-style-type: none"> ○ Display the graph alongside your written analysis. You can present your findings on paper or digitally (using tools like Excel or Google Sheets).
<p>1 Point</p> <p>Task 8</p>	<p>Using a Country Map or Maps, Plot All the Clubs/Provinces that Your Player Has Played For</p> <p>1. Choose Your Player:</p> <ul style="list-style-type: none"> ○ Select the athlete you are focusing on for this task. Make sure to choose someone whose career includes playing for multiple clubs or provinces across different regions or

	<p>countries.</p> <ol style="list-style-type: none"> Research Your Player's Career: <ul style="list-style-type: none"> Find out all the teams, clubs, or provinces that your chosen athlete has played for. You can look up their career history online, on official team websites, or through sports statistics pages. Note down the names of all the clubs, teams, or provinces, and the years they played for each. Example: <ul style="list-style-type: none"> Player: Cristiano Ronaldo Clubs Played For: <ul style="list-style-type: none"> Sporting CP (2002-2003) Manchester United (2003-2009) Real Madrid (2009-2018) Juventus (2018-2021) Al Nassr (2023-present) Obtain a Map of the Country or Countries: <ul style="list-style-type: none"> Get a map of the country or countries where your athlete has played. You can use an online map tool like Google Maps or print out a map of the country. If your athlete has played for teams in multiple countries, you may need several maps. Plot the Locations: <ul style="list-style-type: none"> Using coloured markers or pins, plot the locations of each club or province the player has represented. Be sure to mark the year(s) they played there so it's clear. If you're using a digital map, you can drop pins or use shapes to indicate each club or province location. If you're using a physical map, you can mark each location with a pin or coloured dot and write the name of the club/province beside it. Create a Key: <ul style="list-style-type: none"> Make a key or legend to explain the markers or colours you use on the map. This will help to identify the different teams or clubs represented. Example Key: <ul style="list-style-type: none"> Red pins: Manchester United Blue pins: Real Madrid Green pins: Juventus
<p>1 Point</p> <p>Task 9</p>	<p>Design a New Uniform for Your Player</p> <ol style="list-style-type: none"> Choose Your Player: Select a famous athlete or create a fictional one. Design the Uniform: <ul style="list-style-type: none"> Type of Sport: Consider the sport and uniform needs (e.g., breathable, flexible). Design Elements: Think about the fit, colours, and

	<p>style. Use bold patterns or simple designs.</p> <ul style="list-style-type: none"> ○ Colours: Choose colours that represent the player's personality or team. ○ Symbols/Logos: Add relevant logos, numbers, or symbols (e.g., national flags or team mascots). <ol style="list-style-type: none"> 3. Explain Materials: Choose fabrics like polyester or spandex for comfort and flexibility. Mention breathable areas (e.g., mesh) and durability. 4. Relevance of Colours: Explain the meaning behind the colours chosen (e.g., blue for strength, silver for achievement). 5. Explain Symbols: Describe logos or emblems used (e.g., a lion for strength) and their significance. 6. Additional Details: Mention sizing, fit, and accessories (e.g., socks or gloves). 7. Final Touches: Add your design to a presentation sheet with explanations. <p>Example:</p> <ul style="list-style-type: none"> ● "This uniform for Cristiano Ronaldo features blue for trust, silver for success, and a lion emblem for leadership. Made from breathable polyester, it's designed for performance and comfort."
<p>2 Points</p> <p>Task 10</p>	<p>Plot Injuries Suffered by Your Player Over Their Career and List Preventative Actions</p> <ol style="list-style-type: none"> 1. List the Injuries: <ul style="list-style-type: none"> ○ Research your player's career to identify key injuries they've sustained. ○ Create a timeline or chart marking when these injuries occurred throughout their career. 2. Explain Preventative Actions: <ul style="list-style-type: none"> ○ For each injury, list the preventative actions that could have been taken. These could include: <ul style="list-style-type: none"> ■ Proper Warm-Ups/Cool-Downs: Preventing muscle strain and joint injuries. ■ Strength and Conditioning: Building muscle to prevent overuse injuries. ■ Correct Technique: Ensuring proper form to avoid stress on joints or muscles. ■ Rest and Recovery: Avoiding overtraining and giving the body time to heal. 3. Recovery Path: <ul style="list-style-type: none"> ○ Describe the steps your player took to recover from each injury. For example: <ul style="list-style-type: none"> ■ Physical Therapy: Techniques like massage or physiotherapy.

	<ul style="list-style-type: none"> ■ Rest: Periods of rest and rehabilitation. ■ Surgical Intervention: If applicable, discuss any surgeries and the recovery process. ■ Return to Play: Include the gradual return to full training and competition. <p>4. Visual Presentation:</p> <ul style="list-style-type: none"> ○ Create a timeline or chart showing the injuries and their recovery paths. ○ Include details of the actions taken for prevention and recovery. <p>Example:</p> <ul style="list-style-type: none"> ● "Cristiano Ronaldo suffered a knee injury in 2017. Preventative actions could have included more focus on joint-strengthening exercises and rest periods during intense training. His recovery involved physical therapy, rest, and a gradual return to play after surgery."
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